

Guideline 1: Know Yourself

“To be aware of a single shortcoming within oneself is more useful than to be aware of a thousand in somebody else.” Dalai Lama

A brief explanation of what is now required of you:

Before moving on to the next chapter, I urge you to seize this opportunity to set aside some time, probably over a quiet weekend, for self-discovery and the start or continuation, of your unique journey to become a more effective leader. So, please review the following *self-help* and *personal development* activities:

1. Complete the **two** questionnaires that are included in this chapter, since they will quickly help you to identify your:
 - **Vision and Values**
Courtesy: Bernard Desmidt
 - **Learning Style**
Courtesy: (i) David Kolb (a superb model), (ii) Peter Honey and Alan Mumford
2. Complete the **three** on-line assessments, below, that are discussed later in this chapter, since they create insightful profiles with extremely important feedback for your consideration and potential implementation:
 - **Your DISC Profile** [Link 002](#)
An auto-generated email will be sent on receipt of details and payment.
 - **Your MBTI Profile** [Link 003](#)
The Myers-Briggs Type Indicator® (MBTI®) personality inventory.
 - **Your Strengths Profile** [Link 004](#)
The Gallup® CliftonStrengths® Signature Theme Report (with additional reference to the CliftonStrengths Domains where you can identify your unique contribution).
3. Finally, visit Greg Barnes’ website (link below) and download David’s free eBook ***The Evolution of the CLICK/COLOURS*** and, while there, check out their great products.
 - **Communication Style** [Link 005](#)
CLICK! Why you CLICK with some people and others drive you CRAZY.
The **Book** by Greg Barnes & David Koutsoukis